

# THE HUNGRY HIPPO KIDS TOUR

FREE

led by registered dietitians

Do you want your kids to be less picky and eat healthier?

Why not start from learning at the supermarket?

## Parents

Learn how to make healthy choices for a balanced diet

Get the latest news and tips from a health professional

## Children

Participate in the fruit and vegetable scavenger hunt

Learn about the benefits of fruits and vegetables; encouraged to try new foods

Age Group: 5-12 Years Old

Location: PriceSmart Foods;

8200 Ackroyd Road, Richmond

Tour Dates:

Multiple dates available each month,

Please visit

[www.libranutrition.com](http://www.libranutrition.com)

Register

Online at [www.libranutrition.com](http://www.libranutrition.com)

In-person at PriceSmart Foods Customer Service

Email [info@libranutrition.com](mailto:info@libranutrition.com) with questions

Call 604.704.1165 for details!

Free Hungry Hippo Handbook!



**PriceSmart foods**  
welcome to low prices

we offer personal, group, school, church, and community tours!

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**Libra**  
NUTRITION